



# 9th International Congress on Ambulatory Surgery

*State of the Art and Future Possibilities*

Copenhagen 8–11 May 2011

## Congress Programme and Free Paper Sessions

### Congress Programme

**Sunday 8 May 2011**

**Workshops:**

- Regional anesthesia and ultrasound
- Endoscopy for nurses
- Akupuncture

# Congress Programme

## Monday 9 May 2011

09.00 – 10.30	<p><b>Opening:</b> Moderator: Claus Toftgaard (DK)</p> <ul style="list-style-type: none"> <li>• Danish Minister of Health (DK)</li> <li>• President of IAAS, Paulo Lemos (P)</li> <li>• <b>Nicoll Lecture:</b> Paul F.White (US):“Clinical research in ambulatory surgery:What have we obtained and what is still remaining?”</li> <li>• Claus Toftgaard (DK): International Day Surgery Activity – The 2011 Survey</li> </ul>
10.30 – 11.00	Coffee break
11.00 – 12.30	<p><b>The patient at Risk I</b> Moderators:Anil Gupta (S) and Ian Jackson (UK)</p> <ul style="list-style-type: none"> <li>• Ian Jackson (UK): Should Routine Thrombo-prophylaxis be used in Patients undergoing Day surgery?</li> <li>• Maria Janesco (H): Is there a risk of operating patients with Coronary stents as Day cases?</li> <li>• Sibylle Kozek, (A): Can Perioperative Bleeding and Coagulation problems be assessed by bedside tests?</li> </ul>
11.00 – 12.30	<p><b>News in local/regional Anesthesia</b> Moderators: Johan Raeder (N) and Sven Felsby (DK)</p> <ul style="list-style-type: none"> <li>• Ulrich Spreng (N): Local infiltration anesthesia: Preventing pain at the origin</li> <li>• Axel Sauter (N): Ultrasound imaging for regional anesthesia: Better results and more fun?</li> <li>• Paul F.White (US): When it really hurts after ambulatory surgery (CH)</li> </ul>
11.00 – 12.30	<p><b>Aspects of Inguinal Hernias in Day Surgery</b> Moderators: Inge Glambek (N) and Dick deJong (NL)</p> <ul style="list-style-type: none"> <li>• Inge Glambek (N): Open operations for inguinal hernias in day surgery.</li> <li>• J.W.A. Oosterhuis (NL): Open or Laparoscopic Inguinal Hernia Repair: a Surgeon's Preference?</li> <li>• Staffan Smeds (S): The problem with pain after surgery for inguinal hernia</li> </ul>
11.00 – 12.30	<b>Free papers I</b> Moderators: Paulo Lemos (P) and Jan Eshuis (NL)
12.30 – 13.30	Lunch – Satellite symposia I
13.30 – 15.00	<p><b>The patient at Risk II</b> Mod.: Sven Felsby (DK) and Jan Jakobsson (S)</p> <ul style="list-style-type: none"> <li>• Jan Jakobsson (S): The patient without social network – is discharge to an empty house acceptable?</li> <li>• Douglas McWhinnie (UK): Should patient cooperation rather than physical status determine if the patient is fit for day surgery?</li> <li>• Jens Fromholt Larsen (DK): Do we need limits for obesity in day surgery?</li> </ul>
13.30 – 15.00	<b>Free papers II</b> Moderators: Claus Toftgaard (DK) and Luc van Outryve (B)
13.30 – 15.00	<p><b>International projects in Day Surgery</b> Moderators: Carlo Castoro (I) and Nigel Edwards (UK)</p> <ul style="list-style-type: none"> <li>• Nigel Edwards (NHS Confederation UK): Surgery in the Hospital of the Future</li> <li>• Guy Dargent (EU Executive Agency for Health and Consumers): The Impact of EU Health Programme on Ambulatory Surgery</li> <li>• Carlo Castoro (IAAS, I): Results of IAAS-EU Projects</li> <li>• Gamal Mohamed (H): Ambulatory Surgery in Eastern EU Countries: Barriers and Opportunities</li> <li>• Naresh Row Tadepalli (India): Ambulatory Surgery in Developing Countries: Barriers and Opportunities</li> </ul>
13.30 – 15.00	<p><b>Meet the experts</b> Moderator: Beverly Philip (US)</p> <ul style="list-style-type: none"> <li>• Kari Korttila (FIN): Case I</li> <li>• Jouni Ahonen (FIN): Case II</li> </ul>
15.00 – 15.30	Afternoon tea
15.30 – 17.00	<p><b>Education in Day Surgery</b> Moderators: Anne Birthe Bach (DK) and Wendy Adams (AU)</p> <ul style="list-style-type: none"> <li>• Charlotte Ringsted (DK): To utilize the potential</li> <li>• Arne Haudal Refsum (N): A program for training</li> <li>• Wendy Adams (AU): Nurses' education in day surgery ... an Australian's experience</li> </ul>
15.30 – 17.00	<p><b>Children in Day Surgery</b> Moderators: Peter Ahlburg (DK) and Raafat Hannalah (US)</p> <ul style="list-style-type: none"> <li>• Peter Larsson. (S): Premedication – why?</li> <li>• Michael Davidsen (DK): Limits of Day surgery in children</li> <li>• Birgitte Duch (DK): Pain treatment for children in ambulatory surgery</li> <li>• Thomas F. Bendtsen (DK): Peripheral nerve blockades in children</li> </ul>
15.30 – 17.00	<p><b>Office based surgery Cost efficiency and convenience versus safety and quality, or...?</b> Moderators: Johan Raeder (N) and Beverly Philip (US)</p> <ul style="list-style-type: none"> <li>• Johan Raeder (N) : The Norwegian experience: Dental and ENT office based practice</li> <li>• Raj Dhumale (UK): Mixed surgery practice in the office</li> <li>• Jost Brökelmann (D): Comparison of Ambulatory Surgery and Doctor's office in Germany</li> </ul>

15.30 – 17.00	<p><b>New technology for improving operating room efficiency</b> Moderators: Tuula Kangas Saarela (FIN) and Doug McWhinnie (UK)</p> <ul style="list-style-type: none"> <li>• Päivi Valta (FIN): Preoperative electronic evaluation</li> <li>• Marie-Louise Ulsøe (DK): Operating room management in Day Surgery</li> <li>• Kristiina Mattila (FIN): National benchmarking system for assessment of performance</li> </ul>
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## Tuesday 10 May 2011

09.00 – 10.30	<p><b>Plenary: The Nordic Model. Private contra public health</b> Moderator: Jørgen Nordentoft (N)</p> <ul style="list-style-type: none"> <li>• Introduction: Jørgen Nordentoft (N)</li> <li>• Kjeld Møller Petersen (DK): The Nordic Model</li> <li>• Beverly Philip (US): The US Model</li> <li>• Jörg Rüggeberg (D): The German Model</li> <li>• Discussion</li> </ul>
10.30 – 11.00	Coffee break
11.00 – 12.30	<p><b>Nordic Session I</b> Moderators: Dorrit Raaschou (DK) and Anita Døfler (DK)</p> <ul style="list-style-type: none"> <li>• Katja Heikkinen (FIN): Empowering Patient education with internet in ambulatory orthopedic nursing</li> <li>• Pernille Hornsleth (DK): Non-anesthesiologist administered propofol sedation for Endoscopy</li> <li>• Ulrica Nilsson (S): Designed Music as a tool for patients in Day Surgery</li> </ul>
11.00 – 12.30	<p><b>Frontline surgery in Day surgery</b> Moderators: Peter Funch Jensen (DK) and Mohammad Gamal (H)</p> <ul style="list-style-type: none"> <li>• Peter Funch Jensen (DK): Upper gastrointestinal</li> <li>• W. Wisselink (NL): Robot surgery in vascular surgery</li> <li>• Palle Osther (DK): Urology</li> <li>• Henrik Springborg (DK): Gynaecology</li> </ul>
11.00 – 12.30	<p><b>Quality of care and accreditation</b> Moderators: Jan Jakobsson (S) and Henrik Kehlet (DK)</p> <ul style="list-style-type: none"> <li>• Ian Jackson (UK): Quality of care: what tools shall we use, how to compare outcome?</li> <li>• Beverly Philip (US): Accreditation as an indicator of quality: The US experience.</li> <li>• Henrik Kehlet (DK): What have we learned from the hernia register and how can these experiences be transferred?</li> </ul>
11.00 – 12.30	<p><b>Patients with special problems</b> Moderators: Anil Gupta (S) and Maria Janesco (H)</p> <ul style="list-style-type: none"> <li>• Anna Lipp (UK): Diabetes mellitus: Tight control of blood sugar – risk or benefit?</li> <li>• Metha Brattwal (S): Smokers and Snuffers. To stop or not – does it change outcome?</li> <li>• Jan Eshuis (NL): Obesity. Co-morbidity and not size is the issue?</li> </ul>
12.30 – 13.30	Lunch – Satellite Symposia II
13.30 – 15.00	<p><b>Nordic session II. State of the art in anesthesia and surgery in Ambulatory surgery</b> Moderators: Jørgen Nordentoft (N) and Inge Glambek (N)</p> <ul style="list-style-type: none"> <li>• Johan Raeder (N): Anesthesia methods: Quality and efficacy</li> <li>• Henrik Kehlet (DK): Surgical methods: Quality and efficacy.</li> <li>• Berit Karin Helland (N): Organization of Day care Surgery</li> </ul>
13.30 – 15.00	<p><b>New trends in Anesthesia: Drugs, devices and daily routines</b> Moderators: Sven Felsby (DK) and Paul Vercausse (B)</p> <ul style="list-style-type: none"> <li>• Hans de Boer (NL): Will sugammadex change the use of muscle relaxation in ambulatory surgery?</li> <li>• Hugo Vereecke (NL): Target controlled infusion of propofol and remifentanyl – is it worth the trouble?</li> <li>• Sven Felsby (DK): Can we skip preoperative testing before day surgery?</li> </ul>
13.30 – 15.00	<p><b>Samba meeting: Current Controversies in Ambulatory Anesthesia</b> Moderators: Beverly Philip (US) and Kathy McGoldrick (US)</p> <ul style="list-style-type: none"> <li>• Raafat Hannallah (US): What should we tell parents about the safety of anesthesia in infants and young children?</li> <li>• Lucinda Everett (US): How can clinical registries improve safety in ambulatory anesthesia?</li> <li>• Thomas Cutter (US): Regional anesthesia in ambulatory surgery: The disadvantages</li> </ul>

## Tuesday 10 May 2011

13.30 – 15.00	<b>State of the art of Orthopedic day surgery</b> Moderators: Jon Karlsson (S) and Jacky Reydelet (D) <ul style="list-style-type: none"> <li>• Foot and ankle (S): Jon Karlsson</li> <li>• Knee :Jon Karlsson (S)</li> <li>• Shoulder: Jesper Blomquist (N)</li> <li>• Hand surgery: Anders Ditlev Jensen (DK)</li> </ul>
15.00 – 15.30	Afternoon tea
15.30 – 17.00	<b>Nordic session III</b> Moderators: Metha Brattwall (S) and Anil Gupta (S) <ul style="list-style-type: none"> <li>• Anil Gupta (S): ASA and day surgery: Routines and consensus</li> <li>• Jan Jakobsson (S): Pain treatment: The combined responsibility by nurses and anesthesiologists</li> <li>• Jon Karlsson (S): Arthroscopy procedures in day surgery: Developments and future</li> <li>• Metha Brattwall (S): Follow up and outcome for up to 6 months after day surgery</li> </ul>
15.30 – 17.00	<b>Free papers III</b> Moderators: Carlo Castoro (I) and Robert Williams (US)
15.30 – 17.00	<b>State of the art in vascular, plastic and ENT day surgery</b> Moderators: Kristiina Mattila (FIN) and Hugh Bartholomew (AU) <ul style="list-style-type: none"> <li>• Hugh Bartholomew (AU): Plastic surgery as Day Surgery</li> <li>• Petri Mattila (FIN): ENT as Day surgery – news and borders</li> <li>• Jørn Jepsen (DK): Trends in vascular surgery</li> </ul>
15.30 – 17.00	<b>Perioperative pain relief</b> Moderators: Torben Mogensen (DK) and Jørgen Nordentoft (N) <ul style="list-style-type: none"> <li>• Jørgen B. Dahl (DK): Postoperative pain treatment in ambulatory surgery</li> <li>• Narinder Rawal (S): Regional anesthesia</li> <li>• Paul White (US): Nausea as result of pain</li> </ul>

## Wednesday 11 May 2011

09.00 – 10.00	<b>Patient safety</b> Moderators: Torben Mogensen (DK) and Luc van Outryve (B) <ul style="list-style-type: none"> <li>• Beth Lilja (DK): Are checklist of any use – how to improve safety?</li> <li>• Svend Schulze (DK) Safe surgery</li> </ul>
09.00 – 10.00	<b>Hygiene and infection</b> Moderators: Anita Døfler (DK) and Hanne Føns (DK) <ul style="list-style-type: none"> <li>• Jacky Reydelet (D): A business case for a freestanding unit for sterilization</li> <li>• Helle Amtsbiller (DK): Evidence for the sterile routines in the OR – with special focus on the staff, the patients, and visitors</li> <li>• Hans Jørn Kolmos (DK): Hygiene in the Operating Room</li> </ul>
09.00 – 10.00	<b>Satellite Symposia: IT solutions for the future</b> <ul style="list-style-type: none"> <li>• Torben Christensen (DK): Management of the OR</li> <li>• TBD: Management of the Emergency Room</li> </ul>
10.00 – 10.30	Coffee Break
10.30 – 12.00	<b>Plenary: Special problems of care</b> Moderator: Johan Raeder (N) <ul style="list-style-type: none"> <li>• Olav Sivertsen (N): How far can the patient travel for ambulatory surgery?</li> <li>• Peter Ahlburg (DK) and Ian Smith (UK): Extremes of care – neonates and 80+</li> <li>• Johan Raeder (N): Social security and compliance</li> <li>• Doug McWhinnie (UK): Special solutions using mobile units for places without any OR.</li> </ul>
12.00 – 13.00	<b>Plenary: Outcome/Quality</b> Moderators: Sven Felsby (DK) and Paulo Lemos (P) <ul style="list-style-type: none"> <li>• Birgitte Majholm (DK): Does improving quality improve outcome?</li> <li>• Mads Koch Hansen (DK): Which strategy to improve quality in Day Surgery?</li> <li>• Paulo Lemos (P): What should we measure in Day Surgery programs?</li> </ul>
13.00 – 13.30	<b>Farewell and Welcome to Budapest 2013</b> Claus Toftgaard (DK) and Mohammed Gamal (H)
14.00 – 16.00	<b>General Assemblies for the Nordic Associations</b>

# Free Paper Sessions

<b>Monday 9 May 2011</b>			
1100 – 1230	FP01	<b>Free Paper I</b> Moderators: Paulo Lemos (PT) + Jan Eshuis (NL)	<b>Session room 15</b>
1100 – 1110	FP01.01	Audit of day care anaesthesia at our centre over the last ten years MM Begani (IN), S Shah, Dhriraj	
1110 – 1120	FP01.02	Sugammadex usefulness in the ambulatory setting ( ENT) Maria I Garcia-Vega (ES), B San Antonio, E Lucena, Md Carmen Martinez M Sanchez	
1120 – 1230	FP01.03	Arthroscopic lateral retinaculum release (ALRR), a new optional technique as a day surgery activity Zsolt Knoll (HU)	
1130 – 1140	FP01.04	Ambulatory laparoscopic cholecystectomy – dream or reality? Lajos Barna Tóth (HU)	
1140 – 1150	FP01.05	How to establish and run a block room (BR) P Toft, Igor Filipovski (DK), M Broch	
1150 – 1200	FP01.06	Safe intubation and anesthesia with rapid emergence by using TCI-Propofol –Remifentanil and Desflurane in bariatric fasttrack surgery Frank Weber (NO), D Kollerøs, CE Bjerkelund, J Kristinson F Schou	
1200 – 1210	FP01.07	Psychological preparation for the ophthalmic patient before cataract operation. Suggestive techniques & guidelines during the procedures Eszter Kovacs (HU), E Jakubovits, M Janecscko, ZZ Nagy, K Gombos	
1210 – 1220	FP01.08	Multimodul postoperative pain management for open inguinal hernia repair with mesh implantation in day surgery Gamal-Eldin Mohamed (HU), M Janecscko, M Murányi	
1220 – 1230	FP01.09	Impact on catheter-related complications and quality of life: three different sites of port insertion (oncology patients). Single centre randomised trial Simonetta Pozzi (IT), F Orsi, G Bonomo, P Della Vigna, L Monfardini, D Radice, MG Zampino, N Fazio, A Maldifassi, N Rotmensz, F Didier, R Biffi	
1330 – 1500	FP02	<b>Free Paper II</b> Mod. Claus Toftgaard (DK) + Luc Van Outryve (BE)	<b>Session room 11</b>
1330 – 1340	FP02.01	Laser Surgery for Varicose Veins Imre Bihari (HU)	
1340 – 1350	FP02.02	Laparoscopic treatment of incision hernias as one day surgery with Proceed mesh Slobodan Jovanovic (RS), V Pejic, M Djordjevic, T Bojic, D Bogdanovic, A Pavlovic, B Jovanovic (TBC)	
1350 – 1400	FP02.03	Laparoscopic Inguinal Hernioplasty - Experience of an Ambulatory Day Surgery Unit Carlos Magalhães (PT)	
1400 – 1410	FP02.04	PVP Mesh Ventral Hernia Repair in Ambulatory Surgery. Our Preliminary Experience Jorge Vásquez Del Aguila (ES), C. Semeraro, F Landi, M. Lopez-Cano	
1410 – 1420	FP02.05	Is gynaecological laparoscopy safe in a free-standing surgical center? György Gerő (HU), A Bencsik, K Nagy, ME Gamal, A Kovács, M Janecscko	
1420 – 1430	FP02.06	Vaginal Hysterectomy as a Routine Ambulatory Surgical Procedure Marianne Glavind-Kristensen (DK), S Greisen, UT Larsen, S Felsby, C Poulsen, SM Axelsen, KM Bek	
1430 – 1440	FP02.07	Spinal minimally invasive day surgery procedures. Experiences with 1000 procedures Laszlo Iazar (HU)	
1440 – 1450	FP02.08	Day case stapled mucosal anopexy for the treatment of haemorrhoids and rectal Luis Hidalgo (ES), A Heredia, J Carbonell, O Estrada, E García, S Llorca, X Suñol	
1450 – 1500	FP02.09	Modern management of haemorrhoids in a specialty day care centre Manmal Begani (IN), D Mulchandani	
<b>Tuesday 10 May 2011</b>			
1530 – 1700	FP03	<b>Free Paper III</b> Moderators: Carlo Castoro (IT) + Robert Williams (US)	<b>Session room 11</b>
1530 – 1540	FP03.01	Emergency day case surgery: a new oxymoron? Kenneth Coenye (BE), L Van Outryve	
1540 – 1550	FP03.02	Cataract surgery-the medical profile of cataract patients Maria Janecscko (HU), G Németh, K Nagy, E.M. Gamal	

**Tuesday 10 May 2011**

1550 – 1600	FP03.03	Initial results of a thyroid day surgery program in a local hospital: experience matters. Josep Martí (ES), S Llorca, L Hidalgo, J Barja, M Prats, J de la Cruz, X Suñol
1600 – 1610	FP03.04	Patients' experiences of the social aspects of Day Surgery Anne Mottram (UK)
1610 – 1620	FP03.05	New possibilities in the introduction of cost-weight based, performance oriented financing system in ambulatory surgery György Polyvás (HU), M Gamal-Eldin
1620 – 1630	FP03.06	Less Invasive Signature Arthroplasty (LISA) Emmanuel Thienpont (BE)
1630 – 1640	FP03.07	Benchmarking Day Surgery Performance in the UK Mark Skues (UK)
1640 – 1650	FP03.08	Pioneering Day Surgery in a Developing Country-IN Naresh T Row (IN), P G Dande, N Bondray, S P Dande
1650 – 1700	FP03.09	Well-being among staff at daysurgery units in central Sweden Yvonne Wahlberg (SE)