

Editorial

Mark Skues, Editor-in-Chief

Welcome to the first edition of 2025, and the start of Volume 31.

This quarter's edition has three papers, so an improvement on the last issue, but I would still welcome your dedication to this publication with a continuation of submissions to the world's premier Journal on all aspects of Ambulatory Surgery. This Journal would surely fail without your continuing input.

The papers in this edition include a study evaluating the role of music as an intra-operative adjunct, a case report describing "Empty Nose Syndrome" and its management in an outpatient setting, and the care of a patient with myotonia congenita undergoing ulnar nerve decompression in a daycase setting.

Bates and colleagues report on a study evaluating the choice of music provision during cataract surgery in an English hospital, where they compared the preferred music choice of patients. Predictably perhaps for the patient cohort, classical music was judged as the most popular request. However, the authors also commented on the overall benefit not only of music choice as a patient empowerment, but also as a beneficial emotional adjunct that as a method of distraction, is simple, effective and inexpensive.

An American case report describes the management of a rare otolaryngological condition, where despite previous turbinate surgery, patients still experience a paradoxical nasal obstruction despite an objectively wide and patent nasal fossa. The aetiology of this condition is poorly understood, with a potential two cause process affecting both damaged tissue and damaged sensory neural input, potentially leading to psychological symptoms of anxiety depression or suicidal ideations. The report describes the successful surgical option of using acellular dermal sheets to reconstruct pseudo-inferior turbinates, and the importance of multidisciplinary collaboration that is possible in an ambulatory environment.

The final paper is an Irish case report of ulnar nerve compression in a patient with myotonia congenita. The pathophysiology of the disease is comprehensively described and the methods by which symptoms can be avoided are discussed.

In conclusion, keep those submissions coming to ensure the next publication date in June.

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